**UCSC Academic Planning Form**

**Name:** Sammy FIRST YEAR 2019  
**Student ID:**  
**Date:**  

**Phone:**  
**Email:**  
**College:**  
**Major(s)/Minor(s):** Psych General  

This Academic Planning Form is being completed for the following purpose:

- [ ] Required in declaration of major process  
- [x] General Academic Planning  
- [ ] Readmission for ______ term  
- [ ] For students’ own use (no signature required)  
- [ ] Other: ____________________________  

### Consider As You Plan:

- Major/Minor requirements  
  (Questions? Ask your major/program adviser.)  
- General education, 180 credit, university and college requirements  
  (Questions? Ask your college academic adviser or preceptor.)  
- Courses and programs to meet your educational goals  
- All requests for extensions/adjustments to your expected graduation term (EGT) must be reviewed by your college. A maximum of 5 academic years (or equivalent) is allowed. See [http://advising.ucsc.edu/student/declaration](http://advising.ucsc.edu/student/declaration) for information on requesting an adjusted EGT.  
- Since requests are not approved in advance, no upcoming term in plan should include >19 credits.

### Course Table:

<table>
<thead>
<tr>
<th>Fall</th>
<th>Winter</th>
<th>Spring</th>
<th>Summer</th>
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<tbody>
<tr>
<td>20</td>
<td></td>
<td>Psyc 1</td>
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<tr>
<td>20</td>
<td>Math</td>
<td>Psyc 2</td>
<td>Psyc 100</td>
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<tr>
<td>(3, 4, 11A, or 11B)</td>
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<td>-20</td>
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<td>Psyc 10</td>
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<td>20</td>
<td>UD Psyc</td>
<td>UD Psyc</td>
<td><em>UD Psyc- any</em></td>
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<tr>
<td>(Dev, Cog, or Soc)</td>
<td>(Dev, Cog, or Soc)</td>
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<td>20</td>
<td><em>UD Psyc- any</em></td>
<td>Seminar</td>
<td><em>UD Psyc- any</em></td>
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<tr>
<td>UD Outside</td>
<td>(Dev, Cog, or Soc)</td>
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**Student signature:**  
**Date:**

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**Major 1:**

Senior Comprehensive Requirement:

Catalog Requirement Term:

DC Requirement:  

AIS EGT:  

[ ] Extension/Adjustment Needed to:

Adviser, Major 1:  

Date:

*Major adviser signatures do not verify GE, credit or university requirements.*

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**Major 2/Minor:**

Senior Comprehensive Requirement:

Catalog Requirement Term:

DC Requirement:  

AIS EGT:  

[ ] Extension/Adjustment Needed to:

Adviser, Major 2/Minor:  

Date:

*Major adviser signatures do not verify GE, credit or university requirements.*

Approval for adjusted EGT by College Adviser:  

Date:  

[ ] AIS EGT Adjusted. New EGT:

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*Notes:*

*Three courses from different areas: Dev, Cog, Soc, Clin/Pers, Methods, and/or Independent Study*
PSYCHOLOGY MAJOR REQUIREMENTS – Fall 2019 Catalog

Courses to complete BEFORE declaring:

☐ Math Requirement Courses: MATH 3 or 4 or 11A, or 11B; **OR**
  Tests: 300+ on Math Placement or a 3, 4 or 5 on the AP Calculus exam
☐ PSYC 1 Intro to Psychology (or 4+ on AP exam)
☐ PSYC 2 Intro to Psychology Statistics (or STAT 5 or STAT 7/7L)

Once you complete the (3) above requirements and received your grades you are eligible to declare

**Major and Minor Admissions Policy**
To be admitted to the major or minor, students must demonstrate the attainment of foundational skills by receiving a grade of at least **B- in (a) Psychology 1 and (b) Psychology 2 or Statistics 5 or 7/L.** For the complete policy, please see the psychology department website.

Other required courses:
☐ PSYC 100 Research Methods in Psychology (1/2 DC) – **must be taken at UCSC**
  *(Pre-Reqs for PSYC 100: Entry Level Writing; & Composition; & Math req. or equivalent; & PSYC 2 or equivalent)*
☐ PSYC 10 Introduction to Developmental Psychology
  *(Pre-Reqs for PSYC 10: PSYC 1, PSYC 2 or equivalent & Math req. or equivalent)*

RECOMMENDED: PSYC 20 and 40. These courses may be needed as prerequisites for upper-division courses. REVIEW upper-division course descriptions in the University Catalog.

SEVEN additional Upper-Division Courses:

THREE Upper-Division Psychology Courses @ UCSC in different areas:
- **One** course from the Developmental, Cognitive, and Social areas
- **These courses must be taken in the classroom at UCSC’s Psychology Department.**

<table>
<thead>
<tr>
<th>Developmental Psych (PSYC courses #101-119)</th>
<th>Cognitive Psych (PSYC courses #120-139)</th>
<th>Social Psych (PSYC courses #140-159)</th>
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</thead>
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<tr>
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<td>3.</td>
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**One of the above classes must be a senior seminar; list this class here:**

THREE Additional Upper-Division Psychology Courses in different areas:
- **Three additional** psychology courses from different areas Developmental (101-119), Cognitive (120-139), Social (140-159), Clinical/Personality (160-179), Methods (181-182), and/or Independent Study (191-199).

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Note: Up to two courses may be satisfied by EAP courses, or courses completed at another 4-year institution. See advising staff for details and approval.

**ONE Upper-Division Outside Course:**
- **One** upper division outside course from the approved list on the back of this document.

| 7. |
OUTSIDE COURSE LIST

Note: These classes may have pre-requisites. Please review course descriptions in the catalog.

An upper division (5-unit) course in the range of 100-189 from any of the following departments can be used to satisfy the out-of-department course for the General Psychology Major.

Anthropology
Biological Sciences
Community Studies
Critical Race & Ethnic Studies
Economics
Education
Environmental Studies
Feminist Studies
History of Consciousness
Latin American/Latino Studies
Legal Studies
Linguistics
Philosophy
Politics
Sociology

Or a specific course from the list below:

**Applied Math & Statistics**
STAT 131
STAT 132
STAT 162

**Computational Media**
CMPM 146
CMPM 148

**Computer Science**
CSE 104
CSE 140

*Note: no course can be used that is cross-listed with a psychology course, taught by a psychology faculty member, or one in some cases that will be used to satisfy a requirement for another major or minor